

# A Course of Love

## Foreword, Introduction, & The Prelude

### Foreword

The foreword provides the history of A Course of Love, first receiver Mari Perron, and a brief sharing from Mari on her own personal experiences of scribing. The foreword also provides a general overview/summary of the teachings held within ACOL.

*What feelings arose when you read Mari's experience?  
Were any of her experiences helpful to you (and how)?*

### Introduction

The introduction brings into our awareness the limitations of the mind vs. the truth of the heart. It reminds us "the Laws of Love are not rules, facts, or right answers." Rather the Laws of Love are freedom. It reminds us the heart is the way of joining, the heart is who and where you are, and the heart responds only in love. ACOL speaks from One Heart to One Heart.

*What feelings arose when you read the introduction? Did any sections bring up feelings of discomfort, resistance, or denial?  
How did you respond to the limits of the minds being brought into your awareness?  
How did you respond to the freedom promised through the way of the heart?*

### The Prelude

The prelude addresses one (of the many) questions studying spirituality brings up- who is this course for? It tells us: "The ego cannot learn and the spirit does not need to" (P.3). "The Christ in you is that which is capable of learning in human form what it means to be a child of God. The Christ in you is that which is capable of bridging the two worlds." (P.6)

"The ego is what you made...The ego is your extension of who you think you are.  
Christ is what God made...Christ is God's extension of who He is." (P.8)

"The Christ in you provides the bridge that you need only walk across to bridge the distance between heaven and hell, between your separated self and union with God, and all your brothers and sisters." (P.20) "The Christ in you teaches [learns] only in the sense of imparting knowledge that you already have and once again have access to as you join with your own real Self." (P.38) "The Christ in you is your shared identity." (P.39)

The prelude also brings into awareness delay tactics our ego/separated self has used to keep up from claiming truth (referred to as "failure to accomplish"). Some of these include:

- Confusion of selves that put ego and spirit into battle with one another (P.15)
- Good intentions vs. willing with God (P.18-P.21)
- Prolonged interest in the self (P.22)
- Seeking endlessly (P.21)

The prelude also uses the family of God and the word symbols of Christ/Jesus/Father to help understand our relationship to the divine.

*What feelings arose as the "delay tactics" were brought into your awareness?  
What are your feelings around "The Christ" being the learner? Does this resonate or bring up confusion?*

### Thought of the Week:

**"All are in need of miracles. This is the first step in miracle readiness: asking for all to be included in what we do here." (P.2)**